

Dr. Watts is a graduate of Logan University, and received his Doctor of Chiropractic degree in 1974. He received a Doctorate in Nutrition, in 1984, from the International University of Nutrition. He holds a Certification in Clinical Nutrition, and is a Diplomate of the American Clinical Board of Nutrition and is a Fellow of the American College of Eclectic Physicians, The International and American Association of Clinical Nutrition and International College of Bionutrition and Board certified in Clinical Bionutrition.

He has been involved in clinical nutrition for almost forty years, and specializing in trace mineral research through hair tissue mineral analysis for over thirty-five years. He has served as a consultant and research director for other clinical laboratories prior to founding Trace Elements, Inc.

Dr. Watts co-founded Trace Elements, Inc., in 1984. Trace Elements, is a Federally Licensed Clinical Laboratory that specializes in hair tissue mineral analysis. His continued research and experience includes the development of a practical, clinical application, and interpretation of tissue mineral patterns, having analyzed over one million tissue mineral profiles. As an expert in this field he has been invited to lecture extensively throughout the United States, Canada, and Europe.

Harvard's Massachusetts General Hospital, Boston.	Upsalla University, Sweden.
International Homeopathic Association, Arizona.	Canadian Schizophrenic Association, Quebec.
Florida Naturopathic Association.	Scandinavian Dental Society, Gothenburg.
Conference on Health and Disease, Oslo.	Sydney and Melbourne, Australia.
International Association of Applied Nutrition, Milan.	Arizona Dental Society.
Great Lakes Association of Clinical Medicine, Ohio.	National Health Federation
N.Y. Chiropractic College for Continuing Education.	Int. and American Assoc. of Clinical Nutrition
University of Illinois, Peoria.	S.W. Col. of Naturopathic Medicine.
Metabolic Typing Symposium, Copenhagen	Holistic Dental Assoc. Conf. L.V. Nev.
Mineralcheck Annual Conf. London	Applied Metabolic Ecology. London
Laboratorium Pierwiastkow Conf. Poland	
Conference on Trace Elements in Health and Disease, Stockholm	

Publications; Over fifty publications have appeared in the following books and journals.

<i>Trace Elements and Other Essential Nutrients</i>	<i>Balancing Body Chemistry.</i>
<i>Most Commonly Asked Questions About Hair Mineral Analysis.</i>	<i>Clinical Nutrition Guidebook Vol. I.</i>
<i>Guide To The Correct Use Of Vitamin And Minerals In Nutrition.</i>	Quantum Medicine.
Chiropractic Economics.	Journal of Orthomolecular Medicine.
Natom Di Medicina Per Medici e Farmacisti Italia.	The Newsletter.
Tidskrift for Ortmolekyler Och Fytoterapeutisk Forskning.	The Nutritional Consultant.
Health Counselor	Let's Live
Int. Journal of Alternative and Complementary Medicine.	MaBra, Scandinavia
Nature & Health, Australia	Today's Health, USA.

Memberships:

- Past board member of the British Holistic Medical Association
- Fellow of the American College of Eclectic Physicians
- International College of Bionutrition
- North American Association of Nutrition and Preventive Medicine
- International and American Association of Clinical Nutrition
- Member and Scientific Advisory to IAACN
- Scientific Advisory to the Italian Assoc. of Functional Medicine
- International College of Applied Nutrition
- A.C.A. Board of Nutrition
- A.C.A. Council on Nutrition
- American Association for the Advancement of Science
- New York Academy of Science
- Huxley Institute